

Management TEAM

DONALD CROW Chairman

TERESA ROBERTS
Vice President

SHARON GRISWOLD EVP Finance

ANITA TOPPING Administrator

MOLLIE JONES
Nurse Manager

ROBERT ZELANO

Executive Chef

DEBBIE ECKER Human Resources Manager

ASHLEY RUKEYSER Sales & Activity Manager



Happy November! I hope you all enjoyed the fun fall activities we had last month. It was fun seeing everyone in costumes for Halloween and enjoying the fall festival. Veterans Day is this month, and we will honor all our residents who have served in the military and protected us so well through the years. You are truly heroes to us all. On Thursday, November 28th, we will celebrate Thanksgiving with a delicious luncheon from Chef Bobby and the culinary team. I am extremely thankful for all our amazing residents, their wonderful families, and the caring staff here who go above and beyond every day. This community is truly one of a kind. Please be on the lookout for the "Employee Appreciation Fund" letter that will be delivered this month. Contributing to this fund is a great way to show your appreciation to the Grand Oaks staff that many of you ask throughout the year "what can we do to say thank you". The holidays are upon us! Thank you all for being part of the Grand Oaks family.

Sincerely,

Anita Topping

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Administrator



125 NW Jensen Beach Boulevard, Jensen Beach, FL 34957 | 772.444.3400 ———————— www.grandoaksjensenbeach.com



BUTTERNUT RAVIOLI



Soft pasta pillows stuffed with butternut squash, topped with a delicate sherry cream infused with Autumn Spices. Garnished with toasted pumpkin seeds. Ask to enhance with a grilled chicken breast or blackend salmon.















Nonday Tuesday Wednesday Thursday Nonday Tuesday Wednesday Thursday Nonday Tuesday Wednesday Thursday					9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Relax and Color in Activity Room 2:00 BINGO 3:00 Happy Hour Music: John Bros plays ukelele	9:30 Light stretching/morning walk 10:00 Coffee Club in ice cream parlor 11:00 Game Time in Activity Room 2:30 Afternoon Movie
9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non- Denominational church service/ movie theater 2:00 BINGO 3:00 Afternoon Movie Daylight Saving Time Ends	9:30 Drumming in Activity Room 10:00 Word Challenge or Trivia in Activity Room 11:00 Watercolor Painting w/ Val 2:00 Luck of the Draw in activity room 3:00 Afternoon Movie	11:00 Raking with Diana in Ica	9:30 Dance Blast with Emily 10:30 PUBLIX 11:15 Relax and Color in Activity Room 2:00 Mahjong/ Rummikub in Activity Room 3:00 Get Crafty with Diane: Thanksgiving Turkeys	Brain and Body with Lynda 10:00 Communion in theater	9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Relax and Color in Activity Room 2:00 BINGO 2:30 Happy Hour music: David Rivers	9:30 Light stretching/morning walk 10:00 Coffee Club in ice cream parlor 11:00 Music: Karin and Charles Perform in lobby 2:30 Afternoon Movie
9:30 Sit and Fit 10:30 Coffee Club/ parlor	9:30 Drumming in Activity Room 10:00 Coffee Club in Ice Cream Parlor 11:00 Creating w/ Clay 1:00 Veteran's Day Pinning Ceremony in Living Room 3:00 Afternoon Games/ Activity room Veterans Day	9:30 Sit and Fit with Diane 10:00 Coffee Club Ice Cream Parlor 11:00 Luck of the Draw 2:00 Pokeno 3:00 Monthly Birthday Party in theater: music and cake	9:30 Yoga Blast with Emily 10:30 Bank and Post Office 11:30 Kings in the Corner 2:00 Shuffleboard in Ice Cream Parlor 3:00 Get Crafty with Diane: pinecone bird feeders	9:00 Muscle Memory: Build Your Brain and Body with Lynda 10:00 Communion in theater 10:30 Game Time: "Show Me the Money" in Activity Room 1:30 Rummikub Social in Parlor 3:00 Afternoon Movie	10:30 Zumba w/ Teri 11:00 Relax and Color in Activity	9:30 Light stretching/morning walk 10:00 Coffee Club in ice cream parlor 11:00 Game Time in Activity Room 2:30 Afternoon Movie
9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non- Denominational church service/ movie theater 2:00 BINGO 3:00 Afternoon Movie	•	9:30 Sit and Fit with Diane 10:00 Coffee Club in Parlor 11:00 Town Hall Meeting in movie theater 11:30 Trivia time/ activity room 2:30 Shuffleboard in ice cream parlor	10:30 Walgreens 11:30 -LUNCH BUNCH- must sign up in advance 2:00 Mahjong/ Rummikub in Activity Room 3:00 Relax & Color-Activity Room 3:30 Yappy Hour with Humane Society	9:00 Muscle Memory: Build Yor Brain and Body with Lynda 10:00 Communion in theater 10:30 Craft with Debbie: Activity Room 1:30 Rummikub Social in Ice Cream Parlor 2:30 Afternoon Movie	9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Relax and Color in Activity Room 2:00 BINGO 3:00 Ice Cream served and afternoon music: Dennis Fano sings the classics	9:30 Light stretching/morning walk 10:00 Coffee Club in ice cream parlor 11:00 Game Time in Activity Room 2:30 Afternoon Movie
9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non- Denominational church service/ movie theater 2:00 BINGO 3:00 Afternoon Movie	9:30 Drumming in Activity Room 10:00 Word Challenge or Trivia in Activity Room 11:00 Watercolor Painting w/ Val 2:00 Kings in the Corner in Activity Room 3:00 MUSIC: Donald Covert on Piano	9:30 Sit and Fit with Diane 10:00 Coffee Club in Ice Cream Parlor 11:00 Luck of the Draw in Activity Room 2:00 Shuffleboard in ice cream parlor 3:00	9:30 Yoga Blast with Emily 10:30 PUBLIX 11:30 Kings in the Corner 2:00 Shuffleboard in Ice Cream Parlor 3:00 Afternoon Movie	9:00 Macy's Thanksgiving Day Parade viewing in Activity Room 10:00 Turkey Bingo in Activity Room 12:00 Thanksgiving Luncheon 2:30 Afternoon Movie	9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Relax and Color in Activity Room 11:00-3:00: Holiday Wreath and Decor Expo in Library 2:00 BINGO 3:00 Afternoon music: Music by 59 Carats	9:30 Light stretching/morning walk 10:00 Coffee Club in ice cream parlor 11:00 Game Time in Activity Room 2:30 Afternoon Movie





The Meaning of the Poppy Flower: A Symbol of Remembrance in WWI

World War I Remembrance Day Poppies are a symbol of respect and remembrance of those who died in World War I. This poppy flower meaning came about because the field poppy, hardy yet delicate, was a common part of the landscape on the Western Front during the Great War. After being heavily bombed and scarred, the land did not lend itself to growing much. In his famous poem, "In Flanders Fields," Canadian-born John McCrae wrote about this pretty red flower that grew over the graves of those who had given the ultimate sacrifice and that beautified the devastated countryside.

*In Flanders Fields*by John McCrae
1872 –1918

In Flanders fields the poppies blow Between the crosses, row on row, That mark our place; and in the sky The larks, still bravely singing, fly Scarce heard amid the guns below.

We are the Dead. Short days ago We lived, felt dawn, saw sunset glow, Loved and were loved, and now we lie In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.



No doubt, you have seen the pretty little flower adorning the lapels of royals and others on several occasions. Wearing the poppy pin over the left breast is to have it close to the heart to honor those brave soldiers who have fallen.

