

FEBRUARY 2025

Management  
TEAM

DONALD CROW  
*Chairman*

TERESA ROBERTS  
*Vice President*

SHARON GRISWOLD  
*EVP Finance*

ANITA TOPPING  
*Administrator*

LORAIN LOPEZ  
*Nurse Manager*

ROBERT ZELANO  
*Executive Chef*

DEBBIE ECKER  
*Human Resources  
Manager*

ASHLEY RUKEYSER  
*Sales & Activity Manager*



A word from your  
ADMINISTRATOR

Dear Residents,

We have had a true Winter season here in South Florida this year with the chilly weather we've experienced. Brrrrr!! At least we aren't shoveling snow, right?

February is a month where we take time to celebrate those we love. We love our residents at Grand Oaks of Jensen Beach and look forward to the fun events planned where we can make memories together. Come visit our "Sweet Shop" we will have set up in the ice cream parlor on Valentine's Day and then enjoy a live piano concert by Dr. Rosalyn Soo-Mauldin in the living room.

Don't forget about the Super Bowl which will take place on February 9th and let us know what team you are rooting for! Take note that we have added back the drumming class on Tuesday mornings... Come try it out! We are thrilled to ask you all to "save the date" for our 6th Annual Grand Oaks of Jensen Beach Car Show which will take place on March 1st from 11:00 a.m. – 2:00 p.m.! Bring your friends and families and enjoy over 30 antique cars right here in our parking lot! We will also have live music, great food, a 50/50 raffle to benefit Treasure Coast Food Bank, and an ice cream truck! It is sure to be a fun and memorable day.

Thank you all for making Grand Oaks your home. Happy Valentine's Day, everyone!

Sincerely,

Anita Topping

Anita Topping  
Administrator





*Chef's*  
SPECIAL

# TURKEY PAILLARD MARSALA



Thin Turkey cutlet, sautéed w/ Shallots and Baby Portabella Mushrooms, deglazed with Marsala Wine, served with Rice Pilaf & your Choice of Vegetable.

## Happy BIRTHDAY!!!



FEB  
6

Kathy R.

FEB  
8

Maureen J.

FEB  
18

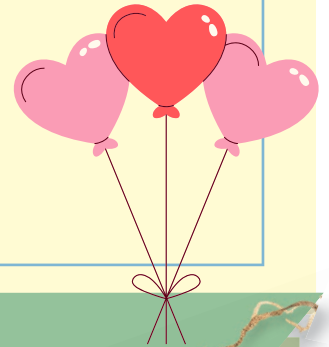
Alice B.

FEB  
19

Bill W.

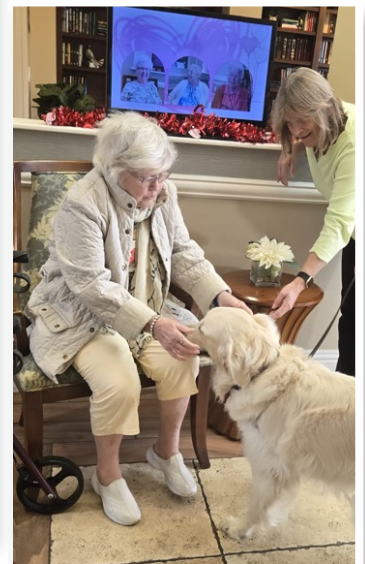
FEB  
29

Louise P.



### New Move-Ins WELCOME!!

Cathy K.  
Red K.





## WHO KNEW?

## VALENTINE'S DAY EDITION

- According to Hallmark, 145 million cards are sent each year on Valentine's Day, and that doesn't include kids' valentines at school.
- The first recorded Valentine's letter, written by Charles, Duke of Orleans, was penned in 1415. When he was 21, Charles wrote to his wife while he was imprisoned in the Tower of London. One of the more famous lines in his love letter reads, "I am already sick of love, My very gentle Valentine." The letter is currently on display at the British Library in London.
- By some estimates, as many as 250 million roses are grown in anticipation of Valentine's Day every year. Countries such as Kenya, Columbia, and Ecuador grow the flowers and ship them to countries with cooler February climates for the holiday, as roses only grow in warmer temperatures.
- The first heart-shaped candy box was introduced in 1862 by Richard Cadbury, son of chocolatier and Cadbury founder John Cadbury. Today, upwards of 36 million heart-shaped boxes of chocolates are sold each year accounting for a whopping 58 million pounds of chocolate.

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

# February 2025



<p>9:00 Daily Chronicles/ Activity 2 Room 9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 2:00 BINGO 3:00 Afternoon Movie</p> <p>Groundhog Day</p>	<p>9:00 Daily Chronicles/ Activity 3 Room 9:30 Yoga with Carolyn 10:00 Word Challenge or Trivia in Activity Room 11:00 Watercolor Painting w/ Val 2:00 Luck of the Draw in activity room 3:00 Afternoon Movie</p>	<p>9:00 Daily Chronicles/ Activity 4 Room 9:30 Drumming with Diane 10:00 Coffee Club/Ice Cream Parlor 11:00 Baking with Diane in Ice Cream Parlor 2:00 Pokeno 3:00 Afternoon Movie</p>	<p>9:00 Daily Chronicles/ Activity 5 Room 9:30 Dance Blast with Emily 10:30 PUBLIX 11:15 Relax and Color in Activity Room 2:00 Rummikub in Activity Room 3:00 Get Crafty with Diane: Activity Room: Valentine's Day Theme</p>	<p>9:15 Muscle Memory: Build Your Brain and Body with Lynda 10:00 Communion in theater 10:30 Pokeno in Activity Room/ Pet Therapy with Noodle 1:30 Rummikub Social in Parlor 2:30 Afternoon Movie</p>	<p>9:00 Daily Chronicles/ Activity 7 Room 9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Cornhole in Activity Room 2:00 BINGO 3:00 Happy Hour Music: David Rivers</p>	<p>9:00 Daily Chronicles/ Activity 8 Room 9:30 Light stretching/morning walk 10:00 Coffee Club and Trivia in ice cream parlor 11:00 Music: Karin and Charles Perform in living room 2:30 Afternoon Movie</p>
<p>9:00 Daily Chronicles/ Activity 9 Room 9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 2:00 BINGO- Super Bowl Theme 3:00 Afternoon Movie: Rudy</p>	<p>9:00 Daily Chronicles/ Activity 10 Room 9:30 Yoga with Carolyn 10:00 Vet to Vet Cafe in Ice Cream Parlor 11:00 Creating w/ Clay: February Edition 2:00 Left, Right, Center 3:00 Get Crafty with Diane: Activity Room</p>	<p>9:00 Daily Chronicles/ Activity 11 Room 9:30 Drumming with Diane 10:00 Coffee Club Ice Cream Parlor 11:00 Luck of the Draw 2:00 Pokeno 3:00 Monthly Birthday Party in theater: music and cake</p>	<p>9:00 Daily Chronicles/ Activity 12 Room 9:30 Yoga Blast with Emily 10:30 Bank and Post Office 11:30 Kings in the Corner 2:00 Shuffleboard in Ice Cream Parlor 3:00 Flower Arranging in Activity Room</p>	<p>9:15 Muscle Memory: Build Your Brain and Body with Lynda 10:00 Communion in theater 10:30 Craft with Debbie: Activity Room/ Pet Therapy with Noodle 1:30 Rummikub Social in Ice Cream Parlor 2:30 Afternoon Movie</p>	<p>9:00 Daily Chronicles/ Activity 14 Room 9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 BINGO 2:30 Valentine's Day Sweet Shop- special event in Ice Cream Parlor 3:00 Valentine's Day Music: Piano Concert by Dr. Rosalyn Soo-Mauldin</p> <p>Valentine's Day</p>	<p>9:00 Daily Chronicles/ Activity 15 Room 9:30 Light stretching/morning walk 10:00 Coffee Club and Trivia in ice cream parlor 11:00 Game Time in Activity Room 2:30 Afternoon Movie</p>
<p>9:00 Daily Chronicles/ Activity 16 Room 9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 2:00 BINGO 3:00 Afternoon Movie</p>	<p>9:00 Daily Chronicles/ Activity 17 Room 9:30 Yoga with Carolyn 10:00 Word Challenge or Trivia in Activity Room 11:00 Hot Cocoa and Tea in Ice Cream Parlor 2:00 Luck of the Draw in activity room 3:00 Afternoon Movie</p> <p>Presidents' Day (U.S.)</p>	<p>9:00 Daily Chronicles/ Activity 18 Room 9:30 Drumming with Diane 10:00 Coffee Club in Parlor 11:00 Town Hall Meeting in movie theater 11:30 Trivia time/ activity room 2:30 Holiday Out: Sunshine Strummers Ukulele Group performing</p>	<p>9:00 Daily Chronicles/ Activity 19 Room 9:30 Dance Blast with Emily 10:30 Walgreens 11:30 -LUNCH BUNCH: must sign up in advance 2:00 Rummikub in Activity Room 3:00 Kings in the Corner -Activity Room 3:30 Yappy Hour with Humane Society</p>	<p>9:15 Muscle Memory: Build Your Brain and Body with Lynda 10:00 Communion in theater 10:30 Game Time: "Show Me the Money" in Activity Room/ Pet Therapy with Noodle 1:30 Rummikub Social in Parlor 2:30 Afternoon Movie</p>	<p>9:00 Daily Chronicles/ Activity 21 Room 9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Cornhole in Activity Room 2:00 BINGO 3:00 Happy Hour Music: My Brother's Band</p>	<p>9:00 Daily Chronicles/ Activity 22 Room 9:30 Light stretching/morning walk 10:00 Coffee Club and Trivia in ice cream parlor 11:00 Game Time in Activity Room 2:30 Afternoon Movie</p>
<p>9:00 Daily Chronicles/ Activity 23 Room 9:30 Sit and Fit 10:30 Coffee Club/ parlor 10:30 Music and Non-Denominational church service/ movie theater 2:00 BINGO 3:00 Afternoon Movie</p>	<p>9:00 Daily Chronicles/ Activity 24 Room 9:30 Yoga with Carolyn 10:00 Hangman Game 11:00 Watercolor Painting w/ Val 2:00 Kings in the Corner in Activity Room 3:00 Relax and Color in Activity Room</p>	<p>9:00 Daily Chronicles/ Activity 25 Room 9:30 Drumming with Diane 10:00 Coffee Club Ice Cream Parlor 11:00 Luck of the Draw 2:00 Pokeno 3:00 Afternoon Movie</p>	<p>9:00 Daily Chronicles/ Activity 26 Room 9:30 Yoga Blast with Emily 10:30 PUBLIX 11:15 Relax and Color in Activity Room 2:00 Rummikub in Activity Room 3:00 Get Crafty with Diane:</p>	<p>9:15 Muscle Memory: Build Your Brain and Body with Lynda 10:00 Communion in theater 10:30 Craft with Debbie: Activity Room/Pet therapy with Noodle 1:30 Rummikub Social in Ice Cream Parlor 2:30 Afternoon Movie</p>	<p>9:00 Daily Chronicles/ Activity 28 Room 9:30 Morning Walk 10:30 Zumba w/ Teri 11:00 Cornhole in Activity Room 2:00 BINGO 3:00 Happy Hour Music: Dennis Fano sings the classics</p>	

Please check the daily activity sheet for any changes that may have been made to this monthly calendar.



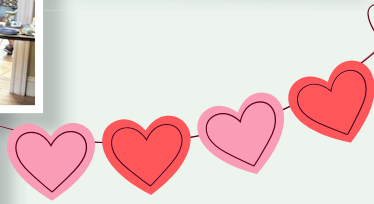
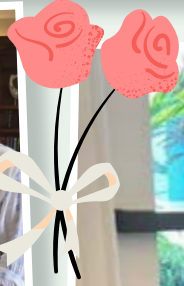
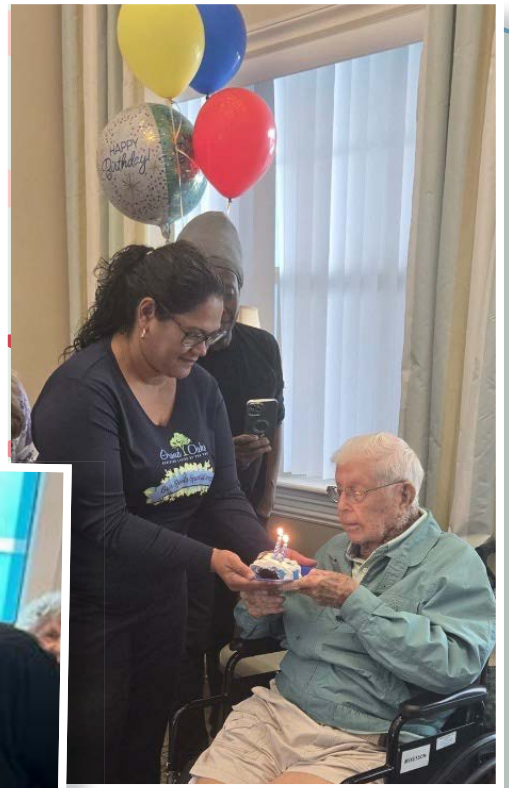
Resident  
SPOTLIGHT

JEAN R.



Jean R. is our resident spotlight for February! Jean has one daughter and three grandchildren. She grew up in Long Island, NY but spent most of her time in Queens. She worked as an Executive Secretary for a shipping/exporting company in Manhattan until she retired to Piscataway, NJ. Jean loves poodles, knitting, and spending time with her family (including her niece Anita... who you all know is our amazing Administrator here at Grand Oaks). Her favorite dessert is apple pie a la mode. We are so happy you are here in Florida with us, Jean.







**Grand Oaks**  
ASSISTED LIVING BY THE VNA  
JENSEN BEACH

*Our Roots  
Run Deep  
IN OUR  
COMMUNITY*



*February 11th*

Monthly Birthday Party  
3:00 pm



*February 14th*

Valentine's Day Sweet Shop  
2:30 pm



*Every Friday*

Happy Hour Music  
3:00 pm